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Quote of the Day

"To those people in the huts and villages across the globe struggling to break the bonds of mass misery, we pledge our best efforts to help them help themselves, for whatever period is required not because the Communists may be doing it, not because we seek their votes, but because it is right. If a free society cannot help the many who are poor, it cannot save the few who are rich."

John F. Kennedy

Today's Weather



Weather Sports **Classifieds**

Visit us on the Web at www.dailyevergreen.com Preparing for the holidays ...



STAFF PHOTO BY RACHEL E. BAYNE

Members of Alpha Tau Omega Fraternity decorated their house to celebrate the holiday season.

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BY SETH TRUSCOTT The Daily Evergreen

tudents looking for ways to decorate their humble dorm rooms, apartments or houses don't need to break the bank to get into the Christmas spirit.

Recently a seminar on holiday decorating on a shoestring was given by Linda Meyers and Betty Marthe of the Jo-Ann Fabric and Crafts store

"There are two things you need to remember when trying to save money," Meyers said. "Do it yourself. If you pay someone else to do it, you're going to pay a lot more. Watch for sales, and prepare for next

Fabric, a glue gun and a pile of Martha Stewart magazines can supply many ideas for decorating projects. Simple projects such as table runners, birds made of leaves and glitter, angels, fans, cotton snowmen and turkeys made of candy can all be made for a few dollars each.



STAFF PHOTO BY HSIU-CHU, CHUNG

Colleen Flynn and Diane Murphy, both freshmen, unload their Christmas tree Sunday afternoon at the Bookie parking lot.

An entire room can be transformed with a few inexpensive changes. Ribbons and bows can tied around chairs and sofa pillows to give any room a festive look. Lamps

can be wrapped in holiday fabric and tied with a tasseled cord.

A glue gun can be the r

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SIRC brings World **AIDS Day** to campus

BY MATTHEW SMYLIE The Daily Evergreen

In observance of the 11th annual World AIDS Day, the WSU Sexual Information and Referral Center has planned several events and displays to educate students on Tuesday.

With the theme "Be A Force of Change," World AIDS Day '98 is designed to acknowledge the millions of adults throughout the world who are affected by HIV and AIDS, and to raise awareness of the epidemic's widespread effects.

Activities at WSU will include the display of a section of the AIDS Quilt, an information table at the CUB and a luminary lighting ceremony at 7:45 p.m. on Glenn Terrell

Kiantha Shadduck, a sexual health educator for SIRC, said eight panels from the AIDS Quilt will be on display at Holland Library. The quilt, which consists of 41,000 separate panels to commemorate AIDS victims, was originally held in Washington D.C., but with its current size, which could span 24 football fields, was divided into smaller segments to be transported across the nation.

With financial contributions from Cougars Encouraging Alcohol Knowledge, the University of Idaho Lutheran Campus Ministry, the UI Women's Resource Center, the WSU GLBA program, the WSU GLBTA student group, Sojourner's Alliance and the Whitman County Health Department, SIRC has brought in four sections of the quilt to the Palouse. In addition to the section at WSU, the others will be displayed at UI and other local schools.

We're trying to reach as many people as possible," Shadduck said.

The money required to bring in sections of the quilt will be used to maintain the project, which began in 1987.

"I looked into it and got our group involved," Shadduck said. "It took quite a bit of work and money.

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Bugs the main course of the feast for insect course

By SETH TRUSCOTT The Daily Evergreen

Remember in junior high when students who did well were treated to a pizza party by the teachers?

Well, professor Richard Zack's "Insects and People" class will enjoy something similar this-Friday, but not all students will keep their appetites.

Every year, Zack's class in the College of Agriculture and Home Economics has an insect feast showing students the edible side of creepycrawlies. This Friday, Zack's 50 students will trade in their beef and chick-

en for tasty wing-cases and mandibles. The menu includes cricket chili, fried crickets in garlic sauce and a vari-

ety of cookies and breads in which mealworms are invisible ingredients. Honey and honey-flavored soft drinks also will be served.

"This is a fairly long-standing tradition," College of Agriculture and Home Economics information specialist Terence Day said Monday. The insect feast has been held, he said, for more than a decade. Zack took over the traditional feast when an earlier entomology professor died.

The purpose behind the meal is to teach students bugs can and often are eaten by people all over the world.

"In the last 10 years, eating insects has gotten to be very chic in some places," Zack said in a recent department news release, noting fancy new Japanese restaurants that offer bug entrees, what they call "mountain cui-

"Mountain cuisine refers to what ancestral Japanese used to eat when they lived in the mountains. They ate a lot of insects."

Zack defended this revived custom. "Insects are really very nutritious," he said. "They contain very little in the way of cholesterol and, depending on the insect, contain a lot of protein."

The food Zack and his colleagues make won't duplicate recipes used in other cultures because of the limited local availability of six-legged ingredi-

"We can order crickets and mealworms," Zack said. "We can't really get certain types of locusts and caterpillars that might be used in the diet in

Students enrolled in insects and people don't have to clean their plate, but they do have to show up for the class

"They do not have to eat anything, but I expect all the students to show up," Zack said. "We also allow them to bring boyfriends, girlfriends, wives, husbands, friends and relatives. This is open to anybody who wants to come.'

The bug feast is open to any adventurous souls and will be from 11 a.m. to p.m. in the atrium of the Teleconference center in the Food Science and Human Nutrition building.